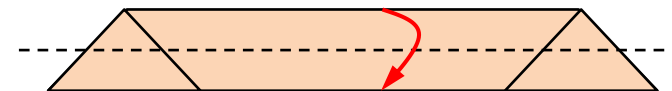
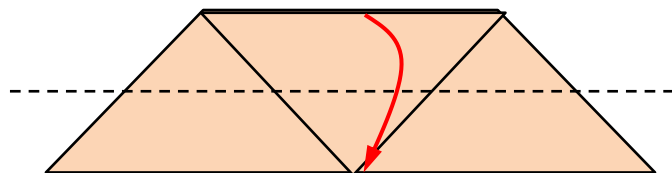
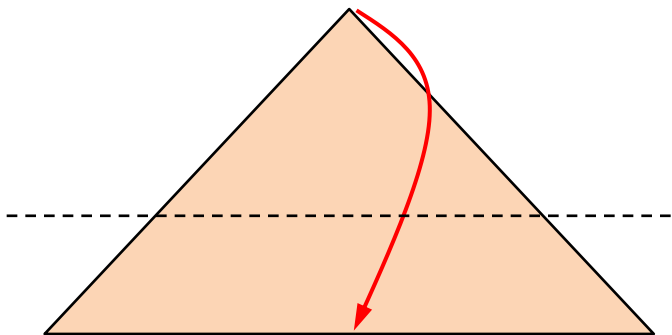


三角巾やスカーフで包帯の作製

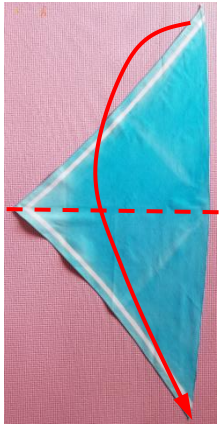
半分、半分と折っていく



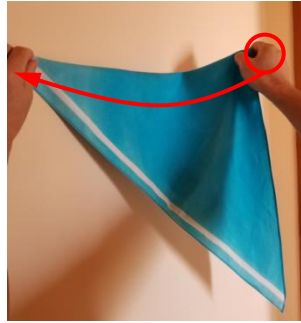
用途

- ・止血用包帯
- ・足首の捻挫の固定
- ・登山靴の補修

①



②



③



④



⑤



⑨



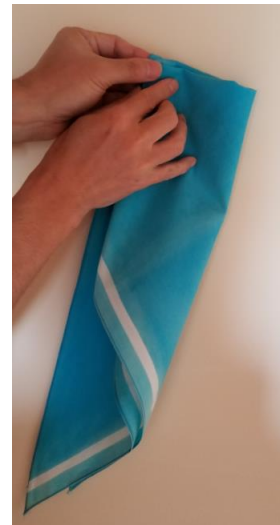
⑧

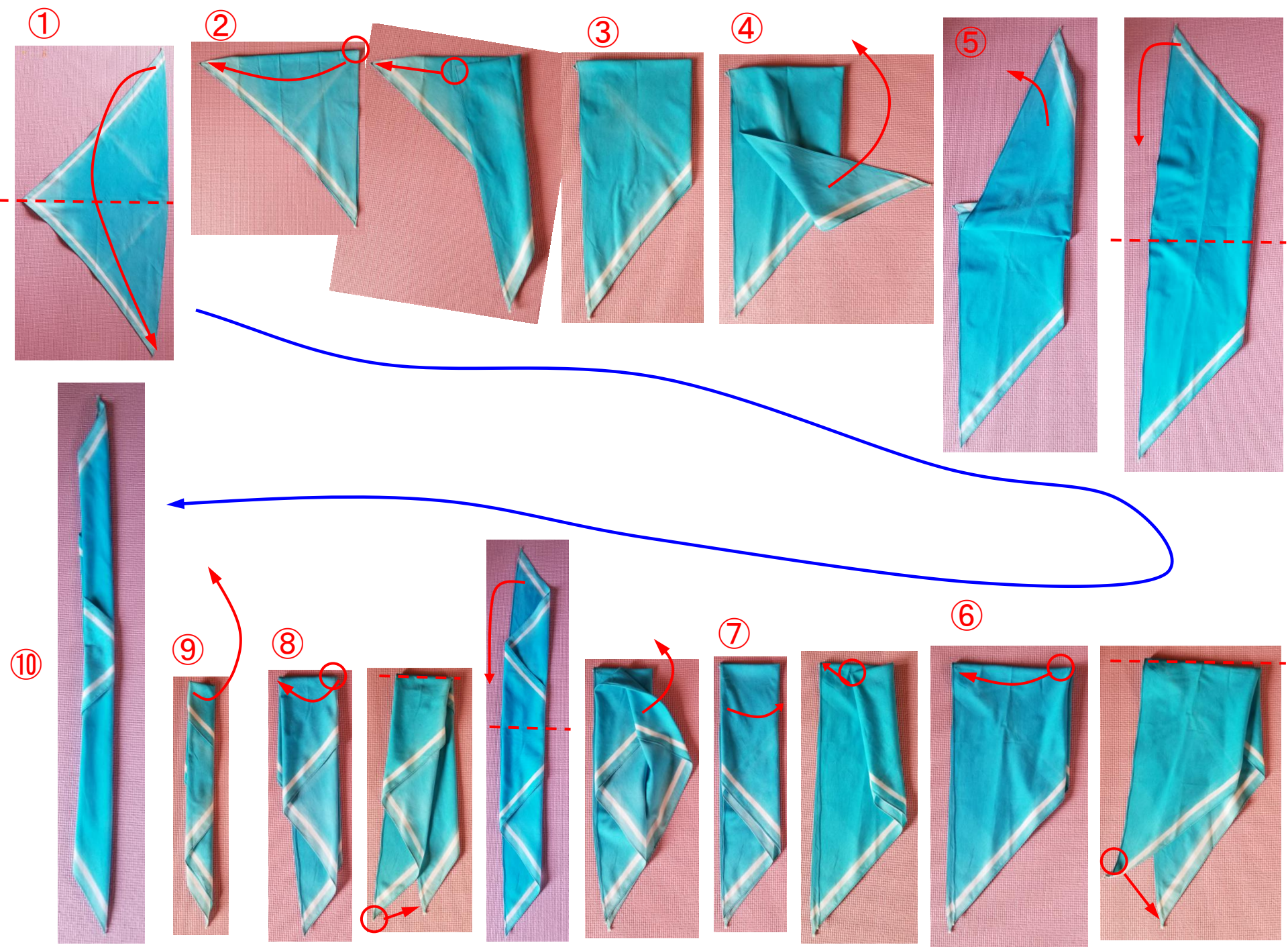


⑦

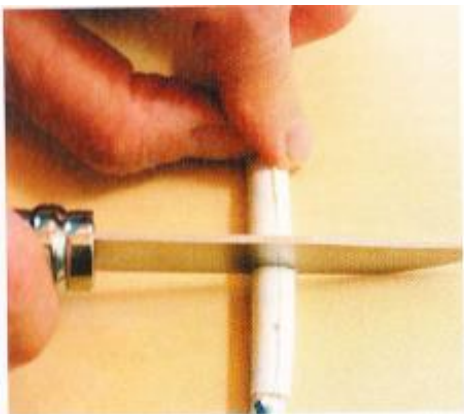
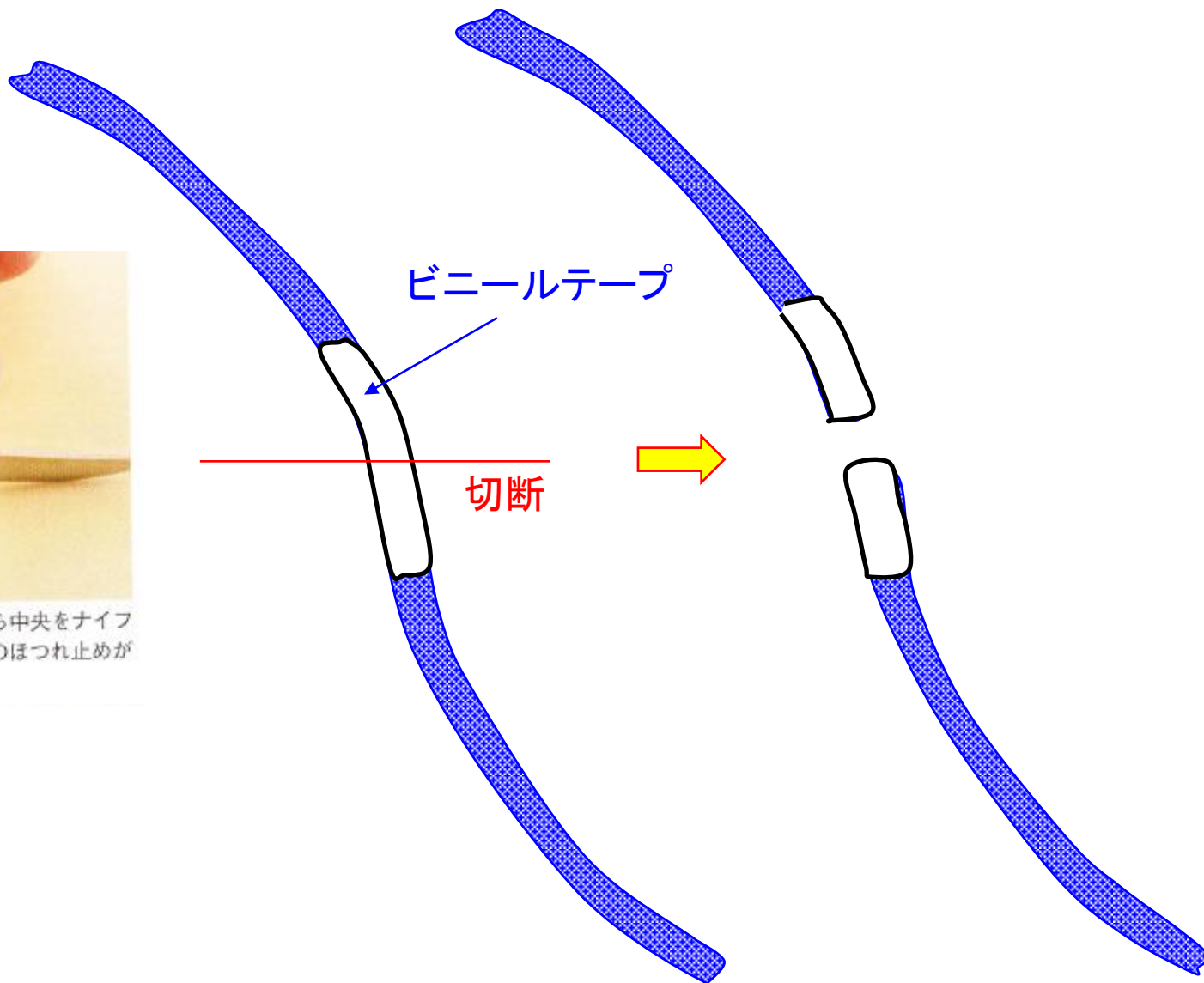


⑥





ロープのほつれを防ぐ



ビニールテープを巻いてから中央をナイフで切断すると1度に両末端のほつれ止めが完成